

POLICE UNITY TOUR

BIKE AND EQUIPMENT LIST

Helmet	Spare bike parts (Brake Pads)
Multi-tool (Crank Bros. 17 is best, etc.) - in seat bag	
Bike cleaning items	Sunglasses – riding & personal
Tire irons – in bike seat bag	Zip ties
Water bottles / Camelback	Duct tape
Patch kit – in seat bag	Latex gloves (to keep hands clean during repairs)
Extra tubes- (4) 2 in seat bag	Chain lube
Bike case / box	Bike pump & seat bag - on bike
Drop cloth (old sheet, plastic, etc., something to put on the carpet when assembling/disassembling bike at hotel)	
Umbrella – it will rain.	

PERSONAL & HEALTH CARE

Glasses (Prescription)	Bag O' Balm / Chamois Butter
Sunscreen	Tylenol / Advil / Aspirin
Chap stick	Sports crème - Ben Gay / Bio-Freeze
Prescription medications	Health Care Card, ID & contact info.(color zerox both
and laminate them back to back so they can go in you jersey pocket)	
Tissues	Purcell Sanitizer
Camera / film / extra batteries	Vitamins
Powdered sport drink	Power bars / Gel packs (GU)
First aid kit	Rolaids / Tums / Anti-diarrhea
Clothes line / clothes pins	Laundry detergent (Woolite)
Sanitary Napkins	Flashlight / Headlamp
Zip lock baggies	Book
Aloe Vera – for sunburn	Eye drops
Music (MP3, Mini-disc, CD, the second and third day get really long)	
Uniform Patches & pins to trade	

CLOTHING

Unity Tour jacket	BB Cap	Cycling gloves - short & long
Bandana or sweat band	Cycling socks (3)	
Cycling shorts (3)	Cycling Shoes	
Unity Tour Jerseys (2-3)	Shorts, pants and shirts for off duty & going out (dinner, etc.)	
Rain gear	Waterproof long finger gloves & booties	
Shower Cap (covers helmet in rain)	Arm & Leg Warmers	
Undershirt for riding (Craft, De Feet, Pearl Izumi, no cotton)		
Underwear & socks	Shoes for off duty, dinner, etc.	
Sandals or flip flops	T-shirts –	
2-3 white t-shirts for uniform	Unity Tour Polo's	

UNIFORM REQUIREMENTS

Sam Browne – with, Gun/w magazines & ammo, holster, one handcuff case, key ring w/handcuff& 999 key, ammo pouch, baton ring & keepers. **NO OTHER EQUIPMENT SHOULD BE ON YOUR BELT.**

Uniform – crisp, clean, not faded or repaired.

Badge w/ mourning band Inner belt Hat Badge & shoe polish

Tie & tie bar, Name tag, White gloves, Flag pin, Div. Pin, Ribbons, Buttons-Polished OK.

Uniform Shoes – highly polished, cover shoes with socks to protect shine

“NO” OC or OC Holders